



LUNCH

sol salads

selections of kenya's finest ingredients
from our organic salad station.
create your own or ask for a classic.

small plate	350
large plate	700
soup & salad	900
soup & sandwich	900
salad & sandwich	1100

soups

gazpacho with garlic croutons
chilled cucumber & mint
butternut & coconut cream
cream of tomato & basil
leek & potato

served with crusty french bread **400**

sandwiches & burgers

your choice of bread

cheese & onion chapati • garlic naan bread

daily fresh croissant • 8 seeded loaf • french stick • toasted rye

sesame bap • sliced white • soft tortilla

roast sirloin, horseradish, dipping sauce

tribe reuben with fillet beef, swiss cheese, lettuce, kachumbari, cocktail sauce

open club sandwich, grilled chicken, bacon, egg, lettuce, tomato, mayonnaise

chicken tikka, chopped lettuce, kachumbari, cucumber yoghurt

honey roasted ham, grain mustard, lettuce, tomato, mayonnaise

parma ham, mozzarella, olives, feta cheese, tomato, lettuce

tempura rock cod with tartar sauce

cheddar cheese, tomato, branstons pickle

roasted mixed peppers, feta cheese, avocado

vegetarian burger, haloumi, french fries, onion rings

600

cajun chicken burger, caramelized pineapple, french fries, onion rings

200gm flame-grilled ground beef burger, cheddar cheese, french fries, onion rings

800

the regulars

served with side salad

minute rump steak, french fries

1150

rock cod, chips

950

spicy cajun chicken breast, butternut mash

950

organic vegetable stir fry, ginger, garlic, chilli, steamed rice

850

linguine bolognese, parmesan

900